



THOMAS
MEMORIAL
LIBRARY

NEWS & EVENTS

FOR ADULTS

AUGUST
2024



with Davinica Nemtzov

Thursday, August 1
6:30 - 8:00 pm

At a Death Café people, often strangers, gather to eat pastries, drink tea and discuss death. The objective is "to increase awareness of death with a view to helping people make the most of their (finite) lives." This is a group directed discussion of death with no agenda, objectives or themes. It is not a grief support or counseling session. No registration is required, but you can sign up to receive updates and resources on the library's website.

TML's Death Café takes place on the **first Thursday of every month.**

NATURE JOURNALING AND BIRD DRAWING

with Rebekah Lowell

Saturday, August 3
1:00 - 3:00 pm



Join local author and illustrator Rebekah Lowell as she gives us a special lesson in nature journaling and bird drawing! This program will start with a demo by Rebekah, followed by guided lessons in both drawing and journaling. Natural materials will be provided for inspiration, as well as some art supplies and blank books. Participants are encouraged to bring their favorite sketching tools, be it paper, pencils, charcoal, or watercolors! This program will highlight our ability to use what we already have to make great art and capture the natural beauty of the world.

Please register on the library's website.

UNDERSTANDING CAPE'S NEW PESTICIDE ORDINANCE

with Jake Deslandes

Thursday, August 8
6:30 - 7:30 pm
in-person and via Zoom



Do you have questions about what the Town's new pesticide ordinance means for you and your neighbors?

Join Cape Elizabeth's Assistant Code Enforcement Officer **Jake Deslandes** for an overview of the ordinance and how it is being enforced, followed by a Q&A. This event will be offered both in person and via Zoom.

Please register on the library's website.

INSECTS: A TWO PART SERIES

with Kate Borduas



PART ONE: HOMAGE TO CRITTERS THAT RULE THE WORLD

Tuesday, August 13
6:30 - 8:00 pm

Why do insects matter? Because they rule the world! These marvels of evolution were the first in flight and dominated the skies for millions of years. Insects appear in a staggering array of shapes and sizes and life spans. Insects were first to engage in manufacturing, animal husbandry and farming. Byproducts of insects' lives have been exploited by humans since pre-civilization.

Kate Borduas is a self-described "Adult-onset" Naturalist. A native of coastal Maine, she spent a number of years in Florida where she trained as a Florida Master Naturalist and as a nationally Certified Interpretive Guide. As a naturalist and guide, Kate is committed to sharing with others the hidden wonders of nature all around us. Kate was the recipient of Sarasota County Parks "Volunteer of the Year" award in 2018. Kate has now happily returned to Maine full time where her interests in native plants, insects and birds keep her very busy.

PART TWO: INSECT ARMAGEDDON

Tuesday, August 20
6:30 - 8:00 pm

Insects are suffering population losses so vast that it has been called "Insect Armageddon" and "The Death of a Thousand Cuts." What is causing the damage to insect populations? Can insects adapt to climate change? Can these losses be reversed? What will the loss of insects mean for the health of the planet?

PROTECTING MAINE'S LOONS

with Ethan Daly
from Maine Audubon



Thursday, August 22
6:30 - 8:00 pm

Many of us grew up hearing the mystical wail of the Common Loon across lakes and ponds in New England (or maybe as far away as Montana!) But how many of us know about the lifecycle of the common loon, the threats it faces, and how conservation organizations throughout North America have been working to help them? Come learn about Common Loons, a waterbird that calls Maine's lakes, ponds, rivers, and coastline home. Find out why conservation work is so important for these species, and how we can best live in loon territory.

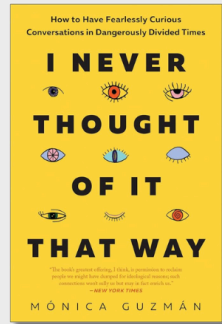
MORE ON THE
OTHER SIDE!



We Live in a Fractured Society.

Would You Like Learn How to Bridge the Divide?

Join us for a series of facilitated discussions this fall as we learn how to connect with and understand people "on the other side."



"When we're divided, politics feels like it's exclusively about stopping the other side. But at its core, politics is about how we coexist wisely, how we create societies that support us in all our different priorities and preferences."

— Mónica Guzmán



Scan the code to provide feedback and register to receive a **free copy** of the book to read and pass along.



Scan me



DO YOU WANT TO CONNECT WITH OTHERS? ATTEND ONE OF OUR RECURRING GROUPS!

Eldering Conversation Group

Wednesdays, 1:00 - 2:00 pm (in-person & via Zoom)

Talk, share, or just listen to what neighbors, friends, and members of our community have to say about their experiences.

Songwriting Workshop, with Jud Caswell

1st Tuesday, 6:30 - 8:00 pm (in-person)

Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us to bring in your work and get expert advice from an award-winning songwriter.

Songwriters of all levels and abilities are welcome! Please register on the library's website.

Writing Hive

Thursdays, 5:30 - 6:30 pm

You could sit at home and write, but will you? **Writing Hive** gives you the space and opportunity to work alongside fellow writers and reach your writing goals. Join our Community Engagement Librarian **Sasha Kohan** by the fire or in the garden for tea and quiet time among your fellow humans. *No registration necessary!*

Afternoon Book Group

3rd Thursday, 3:00 - 4:00 pm (in-person & via Zoom)

Our adult book group is led by Access Services Librarian **Kevin Goody**. Book selections are chosen by the group each month for the following meeting, and alternate between fiction and nonfiction titles.



FREE BLOOD PRESSURE AND/OR BLOOD SUGAR SCREENING

with the CE Fire/Rescue Department

Wednesday, August 21
11:30 am - 12:30 pm

We are pleased to be able to partner with CE Fire/Rescue to offer this free monthly screening opportunity, which will take place on the last Wednesday of every month in the library's Community Room. Please register in advance on our website if you can, but drop-ins are also welcome!

VOTE READY



The Town Clerk's Office is anticipating a heavy voter turnout and is encouraging voters to request an absentee ballot, as a safe and convenient way to cast your vote.

Scan the code to request your ballot today!

Thank you to TMLF for helping to make our programs and events possible! Scan the code below to learn more about them, or visit their website at [ThomasMemorialFoundation.org](https://www.ThomasMemorialFoundation.org)





THOMAS
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NEWS & EVENTS

FOR KIDS & FAMILIES



AUGUST
2024



Saturday, August 24
3:00 -5:00 pm

Join us for this all-ages movie matinee as we present *The Princess Bride*! We're going to create that old-school drive-in feel in our Community Room by having kids bring their own car to sit in to watch the movie under our starlit ceiling! **Stop by the library to pick up a car construction kit**, which includes materials to create the wheels and steering wheel, along with instructions to transform a cardboard box into a spiffy roadster. **Register when you pick up your kit, or visit our website to reserve a kit.**



WEEKLY PROGRAMS FOR LITTLE ONES

MESSY MINIS

Mondays, 10:30 am (Ages 2 - 5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut, and paste together to make magic!

DRESS UP AND DANCE

Tuesdays, 10:30 am (Ages 2 - 5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song.

TINY TUNES: JUST THE MUSIC, PLEASE!

Thursdays, 10:30 am (Ages 1-3)

Join us for a movement-based program that's a gentle introduction to the routines, songs, and props we use for story times, but without the books! Great for curious, wandering wigglers & their caregivers.

TRADITIONAL STORY TIME

Fridays, 10:30 am (Ages 3+)

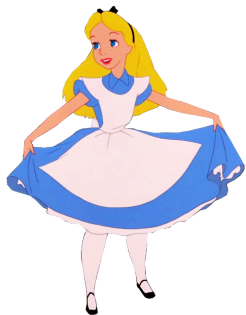
Join us in the Community Room for songs and stories, bubbles, and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

SATURDAY FAMILY STORY TIME

Saturdays, 10:30 am (Ages 3+)

Join us for a special weekend edition of Story Time! It will feature all our favorites: songs and stories, bubbles, and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

CHARACTER OF THE MONTH



In August, we're celebrating
Alice in Wonderland!

We'll have a scavenger hunt for Alice and her friends, and you can try your hand at drawing her and sharing your artwork with the TML librarians, who will put it on display!

SUMMER READ & BEAD CHALLENGE!



It's not too late to participate in
"Into the Woods: A Summer Reading Adventure!"

Stop by to register for our popular Read & Bead Challenge, keep track of the time you spend reading or listening to books, and earn beads and brag tags for a summer reading necklace.

We also have Reading Buddies for little ones, and an early literacy program for very little ones!

**Stop by the Children's Desk
to register!**



**Please stay home
if anyone in your
household is feeling sick!**

**Join us when everyone is
healthy again.**



Children in grades K – 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog.

Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

Check in the Children's room for more information!

LEGO CLUB

for ages 5 - 12

**Children 10 and under
must have an adult present**

Meets **first Tuesday**
of each month. This month:

**Tuesday, August 6
3:30 - 4:30 pm**

Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meeting! No registration necessary.



Thank you to TMLF for helping to make our programs and events possible! Scan the code below to learn more about them, or visit their website at

ThomasMemorialFoundation.org





THOMAS
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NEWS & EVENTS FOR TWEENS & TEENS



AUGUST
2024

SEWING ADVENTURES: PENCIL CASE ROLL-UP

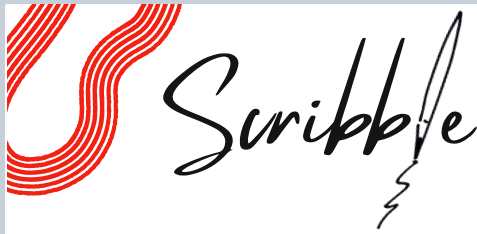
Saturday, August 10
1:00 - 2:30 pm

For ages 8 - 12



Do you need to keep track of your favorite pencil and eraser? Do you love to write, but need a case to stash your pens? Mary Ellen Chadd will teach you how to sew a case with pockets for your favorite drawing + writing tools, pens, pencils, markers and more. Add a zipper pocket on the side for bulk extras, roll it up and secure it with ties, an elastic, or a buckle or button. Write and draw in style with all your favorite pens and pencils organized in your personally designed pencil case roll up. Beginning sewists welcome! No prior experience necessary* but complete beginners must be accompanied by their adult to work one on one in learning basic skills of threading a needle and tying a knot for their first few meetings. All materials will be provided.

Please register on the library's website.



TEEN LITERARY MAGAZINE
FROM THOMAS MEMORIAL LIBRARY

We are excited to introduce **Scribble**: a brand new literary and art magazine to be published beginning in the fall of 2024. Featuring creative writing and visual work from artists 12 - 18 years old, **Scribble** presents a perfect opportunity for teens to follow their creative ambitions and show off their craft. Visit our website for complete details and to submit your work!

SUMMER BINGO CHALLENGE!

Join us this summer for
**"Into the Woods:
A Summer Reading Adventure!"**

This year, tweens & teens can pick up an Into the Woods Bingo Game and complete reading challenges to earn prizes.

Stop by the Children's Desk to register!



CALLING ALL WRITERS!

Are you a young writer looking for a way to practice your craft?

Our writing groups focus on exploring the imagination through fiction, poetry, and creative nonfiction.

Visit our website for more information!

For ages 10 - 12

First Thursday of each month
3:30 - 4:30 pm

This month: **August 1**



For ages 13+

Second Saturday of each month
3:00 - 4:00 pm

This month: **August 10**



Screen Free Summer

*is now available in TML's Teen Area
until the end of the summer season.*

Stop by the teen area to find out things you can do to help you ditch your screens for a while and feed your creativity, build relaxation, and improve your sense of well-being. Free craft kits available while supplies last!

*A big thank you to Cape teens **Reilly McGovern-Pizzi** and **Lilli Northup** for creating this awesome project!*



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