



THOMAS
MEMORIAL
LIBRARY

NEWS & EVENTS FOR ADULTS

FEBRUARY
2025

SEWING CIRCLE

with Sara Linhart



Saturday, February 1
2:00 - 4:00 pm

Bring your hand sewing projects (mending, embroidery, hand quilting, etc.) to the sewing circle and workshop questions you might have. We'll work on our individual projects in community. Basic embroidery supplies on hand if needed. Age 18+.

Please register on our website!

TECHNOLOGY CLASSES WITH THE NATIONAL DIGITAL EQUITY CENTER



The library is once again partnering with the Greater Portland Council of Governments and the National Digital Equity Center to bring TML users a variety of technology classes that are open to anyone but especially geared toward seniors. Registration is limited to 10 people and is required for each class.

Registration is handled by the NDEC, but you will find links to their registration process on the library's website.

Upcoming Classes

Using Facebook Securely
Monday, February 3
10:30 - 11:30 am

Using Software and Devices for Better Health
Monday, February 3
2:30 - 3:30 pm

Getting News & Information Online
Friday, February 7
1:00 - 2:00 pm

Telehealth: Connecting with Your Healthcare Provider from Home
Monday, February 10
2:30 - 3:30 pm



BIG CONVERSATIONS IN 10 SHORT MINUTES



Tuesday, February 4
6:30 - 7:30 pm
via Zoom

Three conversations in an hour with other people in Maine. The prompts are simple. The conversations are non-political. What might you learn about (or from) your fellow humans? Let's find out!

Register on our website!

This program is part of MECollab, a collaborative programming partnership between libraries throughout the state of Maine.

CAPE ELIZABETH HISTORICAL PRESERVATION SOCIETY PRESENTS THE AUCOCISCO PEOPLE

with David Farnham

Tuesday, February 11
6:30 - 8:00 pm

David Farnham, president of the Falmouth Historical Society, will share what they have learned about the Native People who farmed, fished, hunted, and thrived by Casco Bay before the arrival of English settlers around 1630. Recent research has shown much of what they had been told about the original inhabitants was wrong. Light refreshments will be served.

HOMES OF DEAD WRITERS

with Tess Chakkalalal



Thursday, February 27
6:30 - 8:00 pm

Harriet Beecher Stowe, Sarah Orne Jewett, Henry Wadsworth Longfellow, and Nathaniel Hawthorne are some of Maine's most celebrated literary figures. Join us for this talk with Tess Chakkalalal, creator and host of the award-winning podcast **Dead Writers**, to virtually tour the homes of these Maine writers and learn of their history, decor, gardens, and maybe even ghosts that bring these writers and their work back to life.

A SEAL'S JOURNEY

with Marine Mammals of Maine



Thursday, February 20
6:30 - 8:00 pm

Join Marine Mammals of Maine (MMoME) as they take you through a seal's journey from stranding to release--and all of the obstacles in between. We'll learn seal basics, such as whether it's normal for them to be out of the water and why you might see a baby on its own. We'll also find out when and why seals need our help. Discover what MMoME is, what they do, the animals they care for (with special stories from Cape Elizabeth), and how you can help!



Tess Chakkalalal teaches African-American and American Literature at Bowdoin College. Her new book, *A Matter of Complexion*, will be released this month. She lives in Brunswick, Maine.

VALENTINE TREATS

with Kaite Thayer

Thursday, February 13
6:30 - 8:00 pm

Come learn how to fill and decorate chocolate covered strawberry macarons! In this class with Kaite Thayer she will teach you how to create the perfect smooth ganache and dipping techniques to wow your friends and family. Then practice what you learn by assembling macarons that you get to take home (or eat)!

Please register on our website!

MORE ON THE
OTHER SIDE!





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NEWS & EVENTS

FOR ADULTS

MORE ON THE
OTHER SIDE!



FEBRUARY
2025

FILM SCHOOL

with *Sasha Kohan*
Community Engagement Librarian



SCREENING & DISCUSSION

Tuesday, February 25
5:00 - 8:00 pm

Join Community Engagement Librarian and former film student **Sasha Kohan** each month as we watch a movie followed by a wide-ranging discussion. This time we're celebrating Black History Month with Jordan Peele's instant classic, *Get Out*. This contemporary comedy-horror is a masterclass in writing, directing, and tackling the difficult subject of racism in America. This haunting and satirical journey through the Sunken Place is sure to provide some laughs, some gasps, and plenty of discussion on modern microaggressions. Come just for the movie and popcorn or stay for the conversation afterward too!

SENIOR SOCIAL HOUR

Wednesdays, 1:00 - 2:00 p.m.



Older adults are welcome to stop by for coffee, tea, snacks, and conversation. Some weeks we have live music, other weeks informational presentations, and always a relaxed time to catch up with old friends and make new ones. Check our website for this month's special guests and topics!

MONTHLY GROUPS

Death Café

1st Thursday, 6:30 - 8:00 p.m.

Talk, share, or just listen to what neighbors, friends, and members of our community have to say about their experiences.

Songwriting Workshop

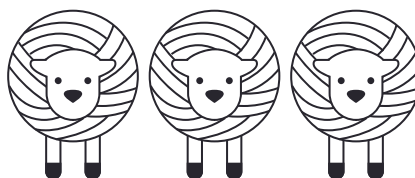
with *Jud Caswell*

1st Tuesday, 6:00 - 8:00 pm

Whether you are a new writer, experienced writer, or want-to-be-a-writer, we hope you'll join us to bring in your work and get expert advice from an award-winning songwriter. Songwriters of all levels and abilities are welcome! Please register on the library's website.

KNITTING GROUP

Mondays, 1:00 - 3:00 pm
in the library's Community Room



Join a lively community of knitters while you work on your own projects! Swap tips and patterns and enjoy camaraderie, coffee, and conversation!

No registration necessary, but you can visit our website to sign up for email notices for storm and holiday closures and other occasional notifications (such as news about new library knitting resources!)

ZOOM
EVENT

Afternoon Book Group

3rd Thursday, 3:00 - 4:00 pm

(in-person & via Zoom)

Our adult book group is led by Access Services Librarian **Kevin Goody**. Book selections are chosen by the group each month for the following meeting and alternate between fiction and nonfiction titles.

FIRESIDE WRITING

Thursdays by the fireplace
5:30 - 6:30 pm



Looking for a comfortable and cozy spot to join other writers? Come to TML's Fireside Writing program! Fireside Writing gives you the space and opportunity to work alongside fellow writers and reach your writing goals. Bring your laptop or your favorite notebook and join us by the fire for tea and quiet writing time! Meets weekly.

No registration necessary!

FREE BLOOD PRESSURE AND/OR BLOOD PRESSURE SCREENING

with the *Cape Elizabeth Fire/Rescue
Department*



Wednesday, February 26
11:30 - 12:30 pm

Stop in for a free screening. No registration is necessary, but if you'd like to reserve a spot sign up on our website. Please be aware that if the EMTs have to attend to a call they may not be available at the library on their scheduled day.



Thank you to TMLF for helping to make our programs and events possible!
Scan the code to learn more, or visit their website at [ThomasMemorialFoundation.org](https://www.ThomasMemorialFoundation.org)





THOMAS
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NEWS & EVENTS FOR KIDS & FAMILIES

FEBRUARY
2025

CHARACTER OF THE MONTH ADA TWIST, SCIENTIST



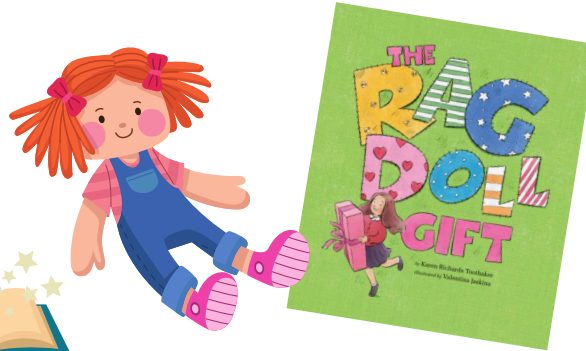
February's character of the month is Ada Twist, Scientist, from the book series by Andrea Beaty. Find all five pictures of Ada Twist and Friends in the children's room and visit the desk for a prize!

NO SEW RAG DOLL WORKSHOP

Saturday, February 8
2:00 - 3:00 pm



For ages 3-8 and their caregivers.
Registration recommended.



Join local author Karen Richards Toothaker for a special story time and craft! In the children's book *The Rag Doll Gift*, Kimberly receives a Rag Doll homemade with love from Gran. Come hear the story and make your very own rag doll! All materials are supplied, however, if you have some "rags" with special meaning, bring them to use for your doll. Pam Leo, with the Book Fairy Pantry Project, will also be present to give away a free book to all attendees.

SEWING ADVENTURES: LITTLE BEAN BEARS

Saturday, March 1
1:00 - 3:00 pm

For ages 9-18, registration
required.



Advanced Level. Have you always wanted to sew an actual stuffed animal? Join us to sew your own 4.5" teddy bear in cotton fabric. Kids must be skilled with hand sewing little stitches, plus some machine sewing, to put together all the parts of these bears: three pieces for head, 2 pieces for a pair of arms, and three pieces for body. Then we'll attach eyes and embroider a nose and mouth. Prerequisite: skilled sewists familiar with hand sewing and machine sewing. Ages 9 to 18. Children under age 10 must be accompanied by a caregiver.

WINTER READING CHALLENGE

January 13 - March 15

For ages 0-17, no registration
required.

Cozy up with a good book! Pick up a bingo challenge card at the Children's Desk or in the Teen Center, and complete the challenge to win a book of your choice. Keep getting bingo for more chances to win one of three grand prizes!



MAKE A SNOWFLAKE AND HELP US TURN THE LIBRARY INTO A WINTER WONDERLAND!

Visit the Children's Room
to cut or color your very
own snowflake creation.

THE LIBRARY WILL BE CLOSED ON:

MONDAY, FEBRUARY 17



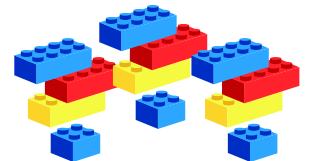
Thank you to TMLF for helping to make our programs and events possible! Scan the code below to learn more about them, or visit their website at

ThomasMemorialFoundation.org

LEGO CLUB

For ages 5 - 12*.

*Children 10 and under
must have an adult present.



Meets the **first Tuesday**
of each month. Coming up:

Tuesday, February 4
3:30 - 4:30 pm

Come free-build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meeting! No registration necessary.

Please stay home
if anyone in your
household is feeling sick.

Join us when everyone is
healthy again.

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6 SCOTT DYER ROAD CAPE ELIZABETH, ME 04107 207-799-1720





THOMAS
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Saturday Matinée



February 15
3:00 - 5:00 pm

Celebrate Black History Month with this gorgeous musical movie featuring Tiana! Follow Tiana through vibrant New Orleans as she embarks on a magical adventure to turn her frog prince (and herself) human again. Best suited for ages 6+. Popcorn will be provided!

DID YOU KNOW? TML IS A FAMILY PLACE LIBRARY!



Family Place Libraries
Building Foundations for Early Learning

"The Family Place Libraries™ initiative promotes a national model for transforming public libraries into welcoming, developmentally appropriate early learning environments for very young children, their parents and caregivers. Based on research about the importance of early brain development, the Family Place Library supports the essential role of parents as first teachers and addresses the physical, social, emotional and cognitive aspects of child development to help build a foundation for learning during the critical first years of life. By partnering and working with other social, health and educational services providers, the Family Place model aims to ensure that all children enter school ready and able to learn and positions libraries as key early childhood and family support organizations within the local community."

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if anyone in your
household is feeling sick.

Join us when everyone is
healthy again.

NEWS & EVENTS FOR KIDS & FAMILIES

WEEKLY PROGRAMS FOR LITTLE ONES

MESSY MINIS

Mondays, 10:30 - 11:00 am
(Ages 2 - 5)

Let your imagination run wild and join us for Messy Minis in the Community Room. Let's color, cut, and paste together to make magic! For budding artists ages 2-5 or anyone who enjoys creative play.

DRESS UP AND DANCE

Tuesdays, 10:30 - 11:00 am
(Ages 2 - 5)

Join us for stretching, moving, and grooving to our favorite playlist in special dress-up costumes. For dancing enthusiasts ages 2-5 and their caregivers.

PLAY GROUP

Wednesdays, 10:30 - 11:30 am
(Ages 0 - 5)

Drop in for a 1-hour playtime session for children ages 0-5 and their caregivers. The Community Room is open for exploration with special toys and stations while you visit with friends!

TODDLER STORY TIME

Thursdays, 10:30 - 11:00 am
(Ages 18 - 36 months)

For children who are not ready for a traditional story time but who love to sing songs, move their bodies, and listen to brief stories. This gentle introduction to the routines and props of story time is great for curious, wandering wigglers and their caregivers.

FAMILY STORY TIME

Fridays & Saturdays, 10:30 - 11:30 am
(Ages 3 - 5)

Join us in the Community Room for songs, stories, and Belinda the Bear! Geared toward children ages 3-5 or anyone who enjoys listening to a solid two stories.

NEW: PROGRAM CAPACITY

We love seeing all of you at our weekly programs! However, several of our programs have attracted so many families that it's difficult for everyone to have a good experience. To avoid how to require advance registration, **so we are going to cap attendance at 30 for each program.** Arrive early to ensure you have a spot!



Children in grades K - 6, especially reluctant readers, may sign up for 15-minute time slots to read with a certified therapy dog.

Check out the sign-up sheet in the children's room for appointment availability, or call for more information.



A virtual library of parenting videos and resources right at your fingertips. Available now with your library card!

- Videos and activities for all life stages:
- Pregnancy and Baby
 - Toddler and Preschool
 - Elementary School
 - Middle School
 - High School



Scan the QR code to access and enter your library card number, no PIN required.



THOMAS
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NEWS & EVENTS FOR TWEENS & TEENS

FEBRUARY
2025



#LIBRARYSQUAD

For ages 11 - 13

Meets the first Friday of the
month
2:45 - 3:45 pm

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas, and feedback help form the foundation of our programming. Ask the children's desk for more info.

Coming up: February 7, March 7



VENTURE CLUB

Wednesdays, 2:30 - 4:30 pm
(ages 14+)

Venture Club is a teen-led board/card game and D&D club, with an emphasis on board games. We'll try to play new games every week. No prior gaming experience is needed! Venture Club takes place every Wednesday afternoon in the library's Community Room. No registration is necessary, but if you'd like to sign up to receive notices or updates, please visit our website.

TLC

TEEN LEADERSHIP COUNCIL

For ages 13 and up

Help shape the future of the teen space and...

- Earn volunteer hours
- Advise on library policies
- Design new programs

Meets the last Friday of the month

Friday, February 28
2:45 - 3:45 pm

Register on our website!

WINTER READING CHALLENGE

January 13 -
March 15

For ages 0-17, no
registration required.



Cozy up with a good book! Pick up a bingo challenge card at the Children's Desk or in the Teen Center, and complete the challenge to win a book of your choice. Keep getting bingo for more chances to win one of three grand prizes!

THE LIBRARY WILL BE
CLOSED ON:

MONDAY, FEBRUARY 17



SONGWRITING WORKSHOP WITH JUD CASWELL



Tuesday, February 4
6:00 - 8:00 pm

Get expert advice from award-winning songwriter, Jud Caswell.

Participants should bring a song that is "in process" for feedback and support. Please email Jud a copy of your song before the session, to be shared with participants. The goal of the workshop is to provide a safe place for songwriters to share and learn. All levels and abilities are welcome! Register before noon on February 4 to secure your spot!

Saturday Matinée

February 15
3:00 - 5:00 pm



Celebrate Black History Month with this gorgeous musical movie featuring Tiana! Follow Tiana through vibrant New Orleans as she embarks on a magical adventure to turn her frog prince (and herself) human again. Best suited for ages 6+. Popcorn will be provided!



WRITING GROUP For tweens & teens

Explore your imagination through fiction, poetry, and creative nonfiction. Visit our website to register.

First Thursday of each month
3:30 - 4:30 pm

This month: February 6 Next month: March 6



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