



THOMAS
MEMORIAL
LIBRARY

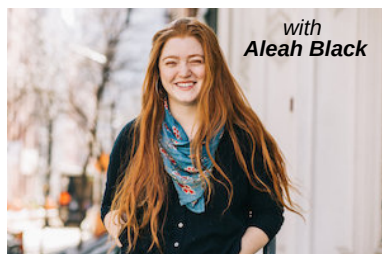
NEWS & EVENTS

FOR ADULTS

MORE ON THE
OTHER SIDE! 

MARCH
2025

LET YOURSELF BE AN ARTIST



with
Aleah Black

Tuesday, March 4
6:00 - 8:00 pm
via Zoom

This class, led by **Aleah Black** (also known on Instagram as **gendersauce**), is taught through lecture, activities, and writing. It is appropriate for adults of all ages, artistic disciplines, and experiences (including people who have not seen themselves as artists before). *Please register on our website.*

We will also be welcoming Aleah to TML for two in-person events in April!

LEARN THE BASICS OF HAND STITCHING

with Sara Linhart



Saturday, March 8
2:00 - 4:00 pm

Learn the basics of hand stitching! Hand stitching is a great skill for fixing or making things. We'll go over 6 basic stitches in the first half of the class. Then we'll designate time to practice or work on individual projects. Beginner focused.

Please register on our website!

MAINE'S BIG NIGHT

with Cape Elizabeth Land Trust



Tuesday, March 18
6:30 - 8:00 pm

Maine's Big Night is a community science initiative to protect amphibians. The program encourages everyday citizens to collect data on migrating frogs during the rainy spring season. The Cape Elizabeth Land Trust and Thomas Memorial Library are excited to welcome Greg LeClaire from Maine's Big Night who will tell us all about the initiative and how you can participate during late April or early May when the amphibians emerge again!

SUPPORT CIRCLE FOR PARENTS OF CHILDREN AND ADULTS WITH DISABILITIES



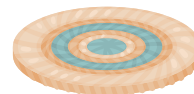
Saturday, March 29
10:30 - 11:30 am

Come participate in an informal monthly discussion group to share and learn from each other. Meets on the last Saturday of every month, March - August, in the library's Conference Room. Light refreshments will be provided.

Please register on our website.

BEGINNING RUG BRAIDING

with Pam Rowan and Cathy Winship



Saturday, March 29
1:00 - 4:00 pm

Have you ever been curious about rug braiding? This workshop is the perfect place to start your journey! Taught by Pam Rowan and Cathy Winship, this class will teach you rug braiding basics such as how to make a T-start and double corners, and you will come away with the skills to finish making your own little mug rug—the same skills needed to braid a chair pad or round rug!

*Limited to 12 participants.
Register on our website!*

ET IN ACADIA EGO: A MURDER MOST FOUL

a Murder Mystery Game
with Sully McCarthy

Saturday, March 15
2:00 - 4:30 pm

Hear ye, hear ye! Sully McCarthy is back with a brand new murder mystery for you to solve. This thrilling story is a Shakespeare-inspired tale taking place in the fictional kingdom of Acadia. This mystery is written for 11 characters and will be limited to 15 participants.

Register soon to secure your spot!

CAPE ELIZABETH GARDEN CLUB PRESENTS OPENING YOUR GARDEN IN THE SPRING

with Natalie Johnson, O'Donal's Nursery



Thursday, March 27
6:30 - 8:00 pm

Learn about the process of preparing your property in the spring at the start of the growing season, including seeding, fertilization, trimming, and pruning.

CELTIC FIDDLE SONGS AND TRADITIONS

with Jeff Snow



Thursday, March 13
6:30 - 8:00 pm

Celebrate the season of St. Patrick's Day with us! In this program, musician Jeff Snow combines the music, stories and a wee bit of history from Scotland, Ireland and England into an event that will keep the audience on the edge of their seat. There will be singing, laughing, clapping, and perhaps a bit of foot stomping. Jeff's concerts are interactive; questions and input from the audience are encouraged and become part of the event. No registration necessary. All ages welcome!

*Made possible by the
Thomas Memorial Library Foundation*



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NEWS & EVENTS FOR ADULTS

MORE ON THE
OTHER SIDE! 

MARCH
2025

FILM SCHOOL

with *Sasha Kohan*
Community Engagement Librarian



SCREENING & DISCUSSION

Tuesday, March 25
5:00 - 8:00 pm

Join Community Engagement Librarian and former film student **Sasha Kohan** each month as we watch a movie followed by a wide-ranging discussion. This time we're celebrating Women's History Month with Miranda July's *Kajillionaire*. This crime comedy-drama focuses on a family of scammers whose world is upturned by a friendly young woman who becomes involved in their schemes. Wittingly described as "revealing and rebellious" and "keenly empathetic," *Kajillionaire* is one under-the-radar film you won't want to miss.

Come just for the movie and popcorn or stay for the conversation afterward too!

FIRESIDE WRITING

Thursdays by the fireplace
5:30 - 6:30 pm



Looking for a comfortable and cozy spot to join other writers? Come to TML's Fireside Writing program! Fireside Writing gives you the space and opportunity to work alongside fellow writers and reach your writing goals. Bring your laptop or your favorite notebook and join us by the fire for tea and quiet writing time! Meets weekly.

No registration necessary!

SENIOR SOCIAL HOUR

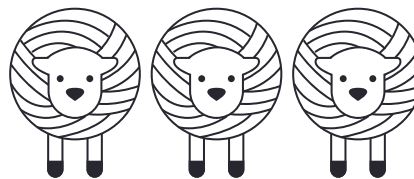
Wednesdays, 1:00 - 2:00 p.m.



Older adults are welcome to stop by for coffee, tea, snacks, and conversation. Some weeks we have live music, other weeks informational presentations, and always a relaxed time to catch up with old friends and make new ones. Check our website for this month's special guests and topics!

KNITTING GROUP

Mondays, 1:00 - 3:00 pm
in the library's Community Room



Join a lively community of knitters while you work on your own projects! Swap tips and patterns and enjoy camaraderie, coffee, and conversation!

No registration necessary, but you can visit our website to sign up for email notices for storm and holiday closures and other occasional notifications (such as news about new library knitting resources!)

MONTHLY GROUPS

Death Café

1st Thursday, 6:30 - 8:00 p.m.

Talk, share, or just listen to what neighbors, friends, and members of our community have to say about their experiences.

Songwriting Workshop

with *Jud Caswell*

1st Tuesday, 6:00 - 8:00 pm

Whether you are a new writer, experienced writer, or want-to-be-a-writer, we hope you'll join us to bring in your work and get expert advice from an award-winning songwriter. Songwriters of all levels and abilities are welcome! Please register on the library's website.

ZOOM
EVENT

Afternoon Book Group

3rd Thursday, 3:00 - 4:00 pm

(in-person & via Zoom)

Our adult book group is led by Access Services Librarian **Kevin Goody**. Book selections are chosen by the group each month for the following meeting and alternate between fiction and nonfiction titles.

FREE BLOOD PRESSURE AND/OR BLOOD PRESSURE SCREENING

*with the Cape Elizabeth Fire/Rescue
Department*



Wednesday, March 26
11:30 - 12:30 pm

Stop in for a free screening. No registration is necessary, but if you'd like to reserve a spot sign up on our website. Please be aware that if the EMTs have to attend to a call they may not be available at the library on their scheduled day.



Thank you to TMLF for helping to make our programs and events possible!
Scan the code to learn more, or visit their website at [ThomasMemorialFoundation.org](https://www.ThomasMemorialFoundation.org)





THOMAS
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NEWS & EVENTS FOR KIDS & FAMILIES

MARCH
2025

SLEEP SOLUTIONS FOR BABIES & TODDLERS - A QUICK GUIDE TO BETTER NIGHTS

Saturday, March 22
10:30 - 11:30 am

*For parents and caregivers of children ages
0-3. Children welcome! Registration
required.*

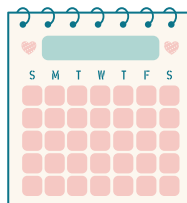


Join Zara Jarrett, certified child sleep consultant, to learn why sleep struggles happen, and hear about a variety of solutions that work. Bring your little one, too! There will be toys available for calm play during the 30-minute, informal presentation, and plenty of time for questions afterward. Registration required, scan the QR code to sign up.



Scan here to register!

Scan here to access our full events calendar!



Thank you to TMLF for helping to make our programs and events possible! Scan the code below to learn more about them, or visit their website at

ThomasMemorialFoundation.org



SEWING ADVENTURES: SEWING STUDIO

Saturday, March 29
1:00 - 2:30 pm



ALL skill levels welcome. Recommended for ages 7-18. Ages 9 and under must be accompanied by a caregiver.

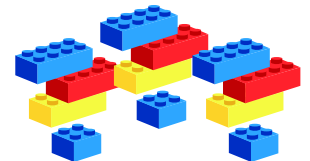
Do you want to sew on sewing machines or do embroidery? We will have a range of projects to choose from like recycled hats and mittens, giant and tiny pillows, zipper pouches, bean bags, felt animals, draw your own stuffies with fabric markers, and more, with sewing teachers available to assist you as needed. Bring your own project, or use TML's sewing resources. Families are welcome to attend with new sewists.

Registration required, please scan the QR code to sign up.

LEGO CLUB

For ages 5 - 12.*

**Children 9 and under must have an adult present.*



Meets the **first Tuesday** of each month. Coming up:

Tuesday, March 4
3:30 - 4:30 pm

Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meeting! No registration necessary.

PEOPLE OF THE MONTH WOMEN CHANGE-MAKERS



March is Women's History Month! Find all five women change-makers hidden in the children's room, and visit the children's desk for a prize!

WINTER READING CHALLENGE



Ends March 15

For ages 0-17, no registration required.

It's not too late! Pick up a bingo challenge card at the Children's Desk or in the Teen Center, and complete the challenge to win a book of your choice. Keep getting bingo for more chances to win one of three grand prizes!

MAKE A SNOWFLAKE AND HELP US TURN THE LIBRARY INTO A WINTER WONDERLAND!

Visit the Children's Room to cut or color your very own snowflake creation. Ends March 15.

Please stay home if anyone in your household is feeling sick.

Join us when everyone is healthy again.



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Saturday Matinée

March 22
3:00 - 4:30 pm



Let's get down to business... join us for another classic Disney film, this time featuring Mulan, a brave young woman who takes her father's place to fight the invading Huns—and of course, Mushu, her spiritual guardian. As always, snacks are encouraged and popcorn will be provided! Best suited for ages 5+.

NEW! SUPPORT CIRCLE

FOR PARENTS OF CHILDREN
AND ADULTS WITH DISABILITIES

Saturday, March 29
10:30 - 11:30 am



Come participate in an informal monthly discussion group to share and learn from each other. Meets on the last Saturday of every month, March - August, in the library's Conference Room. Light refreshments will be provided. Registration required, scan the QR code to sign up.



Scan here to register!

*SATURDAY FAMILY STORY TIME WILL BE DISCONTINUED STARTING MARCH 1.

Our librarians are working hard on other exciting programs for 2025!



Please stay home if anyone in your household is feeling sick.

Join us when everyone is healthy again.

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NEWS & EVENTS FOR KIDS & FAMILIES

WEEKLY PROGRAMS FOR LITTLE ONES

MESSY MINIS

Mondays, 10:30 - 11:00 am
(Ages 2 - 5)

Let your imagination run wild and join us for Messy Minis in the Community Room. Let's color, cut, and paste together to make magic! For budding artists ages 2-5 or anyone who enjoys creative play.

DRESS UP AND DANCE

Tuesdays, 10:30 - 11:00 am
(Ages 2 - 5)

Join us for stretching, moving, and grooving to our favorite playlist in special dress-up costumes. For dancing enthusiasts ages 2-5 and their caregivers.

PLAY GROUP

Wednesdays, 10:30 - 11:30 am
(Ages 0 - 5)

Drop in for a 1-hour playtime session for children ages 0-5 and their caregivers. The Community Room is open for exploration with special toys and stations while you visit with friends! **Capacity: 25 people.**

TODDLER STORY TIME

Thursdays, 10:30 - 11:00 am
(Ages 18 - 36 months)

For children who are not ready for a traditional story time but who love to sing songs, move their bodies, and listen to brief stories. This gentle introduction to the routines and props of story time is great for curious, wandering wigglers and their caregivers.

FAMILY STORY TIME*

Fridays, 10:30 - 11:00 am
(Ages 3 - 5)

Join us in the Community Room for songs, stories, and Belinda the Bear! Geared toward children ages 3-5 or anyone who enjoys listening to a solid two stories.

NEW! PROGRAM CAPACITY

We love seeing all of you at our weekly programs! However, several of our programs have attracted so many families, and we want everyone to have a good experience. To avoid requiring advance registration, **we are going to cap attendance at 30 for each program. The capacity for play group is 25.** Arrive early to ensure you have a spot!



Children in grades K - 6, especially developing readers, may sign up for 15-minute time slots to read with a certified therapy dog.

Visit our website for appointment availability, or call the children's desk for more information.

Check out our schedule here!



A virtual library of parenting videos and resources right at your fingertips. Available now with your library card!

Videos and activities for all life stages:

- Pregnancy and Baby
- Toddler and Preschool
- Elementary School
- Middle School
- High School



Scan the QR code to access and enter your library card number, no PIN required.

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THOMAS
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NEWS & EVENTS FOR TWEENS & TEENS

MARCH
2025

Saturday Matinée

March 22
3:00 - 4:30 pm



Join us for a Disney classic featuring Mulan, a brave young woman who takes her father's place to fight the invading Huns—and, Mushu, her spiritual guardian. Popcorn will be provided, and bring snacks if you like! Best suited for ages 5+.

TLC

TEEN LEADERSHIP COUNCIL

For ages 14+

Help shape the future of the teen space and...

- Earn volunteer hours
- Advise on library policies
- Design new programs

Meets the last Friday of the month
2:45 - 3:45 pm
Coming Up: March 28, April 25



#LIBRARYSQUAD

For ages 11 - 13

Meets the first Friday of the month
2:45 - 3:45 pm

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas, and feedback help form the foundation of our programming. Ask the children's desk for more info.

Coming up: March 7, April 4

CREATIVE WRITING WORKSHOP WITH LILY JESSEN



Friday, March 21
3:30 - 4:30 pm



Scan here to register! →



Hermione Granger, Katniss Everdeen, Luke Skywalker. What is it about them, or other favorite characters, that keeps you rooting for them throughout their stories?

In this workshop, we'll discuss how to write a character-driven plot, and design and workshop original characters. Come with an open mind, something to write with, and, if you like, a character you've created for us to workshop! Registration required.

VENTURE CLUB

Wednesdays
2:30 - 4:30 pm
(ages 14+)

Venture Club is a teen-led board/card game and D&D club, with an emphasis on board games. We'll try to play new games every week. No prior gaming experience is needed! Venture Club takes place every Wednesday afternoon in the library's Community Room. No registration necessary, please visit our website for more information.



WRITING GROUP For tweens & teens



Explore your imagination through fiction, poetry, and creative nonfiction. Visit our website to register.

First Thursday of each month
3:30 - 4:30 pm

This month: March 6 Next month: April 3



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NEWS & EVENTS FOR TWEENS & TEENS

MARCH
2025

PICTURING MY CLIMATE FUTURE: HIGH SCHOOLERS VIEW THEIR WORLD TO COME

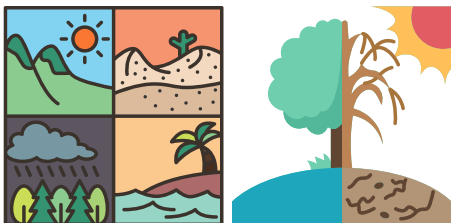
Thursday, March 20
6:30 - 8:00 pm



Young people have been left out of the national conversation around climate change, yet they have the most skin in the game—while not causing the problem in the first place!

If you attend high school, take this unique opportunity to promote your views by joining a pioneering effort this spring to convey with captioned photos what the local area will look like in the coming decades. The woods? The salt marsh? The South Portland beaches? The Portland fisheries? You choose. Hear all about it at this meeting—and enlist in the effort if you like what you hear! Email info@seeingforourselves with any questions ahead of time and/or to sign up for the project now.

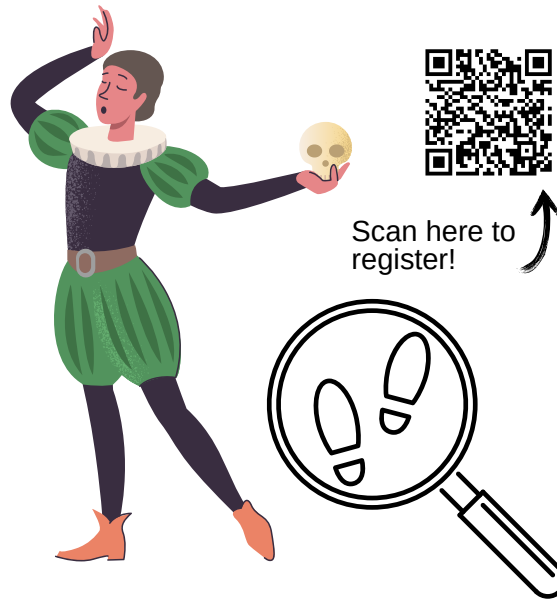
No registration required.



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ET IN ACADIA EGO: A MURDER MOST FOUL WITH SULLY MCCARTHY

Friday, March 14
5:00 - 7:00 pm



Scan here to register!

Hear ye, hear ye! Sully McCarthy is back with a brand new murder mystery for you to solve. This thrilling story is a Shakespeare-inspired tale taking place in the fictional kingdom of Acadia. When Princess Rosebay is found dead, King Baxter commands all members of the court to stay until Rosebay's death is solved. There could be multiple traitors in court that orchestrated Rosebay's demise...

This mystery is written for 11 characters and will be limited to 15 participants. Registration required, scan the QR code to register today!



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MAINE EDUCATION 2050 STUDENT CONVERSATION FOR TEENS

Friday, March 21
2:45 - 4:15 pm



Scan here to register!



Pizza will be provided. Teens ages 13-18. Registration required, please scan the QR code to sign up.

Join Allyson West from the University of Southern Maine to share your voice and make a difference! Teens will break into small groups to discuss their experiences in school and their hopes for the future.

A group of up to 7 participants will meet for 1-1.5 hours to discuss how education and schooling can be designed for personal, civic, and economic thriving in the next few decades. Your experiences, not positions on issues, will be the focus of the conversation.

Make your voice heard today!